Universal Borromean Binding in Spin-Orbit-Coupled Ultracold Fermi Gases

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Borromean rings and Borromean binding, a class of intriguing phenomena as three objects are linked (bound) together while any two of them are unlinked (unbound), widely exist in nature and have been found in systems of biology, chemistry, and physics. Previous studies have suggested that the occurrence of such a binding in physical systems typically relies on the microscopic details of pairwise interaction potentials at short range and is, therefore, nonuniversal. Here, we report a new type of Borromean binding in ultracold Fermi gases with Rashba spin-orbit coupling, which is *universal* against short-range interaction details, with its binding energy only dependent on the *s*-wave scattering length and the spin-orbit-coupling strength. We show that the occurrence of this universal Borromean binding is facilitated by the symmetry of the single-particle dispersion under spin-orbit coupling and is, therefore, *symmetry selective* rather than interaction selective. The state is robust over a wide range of mass ratios between composing fermions, which are accessible by Li-Li, K-K, and K-Li mixtures in cold-atom experiments. Our results reveal the importance of single- particle spectral symmetry in few-body physics and shed light on the emergence of new quantum phases in a many-body system with exotic few-body correlations.

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I. INTRODUCTION

The fascinating topological structure of Borromean rings has attracted much attention in biology [1] and chemistry [2], while, in physics, their quantum mechanical analog, the Borromean binding, has been reported in halo nuclei ⁶He and ¹¹Li [3,4] and in ultracold atomic gases [5–14] manifested as the Efimov effect [15,16]. Despite its wide existence in nature, the Borromean phenomenon seems quite intricate and peculiar, as it especially requires three bodies being more favorably bound than two bodies. Previous studies have shown that such a requirement can be fulfilled by fine-tuning the pairwise short-range interaction potentials. For instance, in three dimensions (3D), the coupling constant should vary with the specific shape of the short-range potential [17,18], while in two dimensions (2D), it is necessary for the potential to include a repulsive barrier outside an attractive core [19-21]. Meanwhile, for Efimov-type Borromean states, a short-range (three-body) parameter is essential to uniquely determine the binding

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energies as well as the locations of their emergence [16]. In all these studies, the Borromean binding appears to be a nonuniversal phenomenon that inevitably relies on the short-range details of interaction potentials. This nonuniversality makes a unified understanding of the Borromean binding conceptually difficult and renders its experimental detection inconveniently system dependent.

To overcome these difficulties, we aim at engineering a universal Borromean binding, where the short-range interaction details are completely irrelevant and its occurrence is physically transparent. Motivated by a simple fact that fewbody physics also crucially depends on single-particle properties, we realize that a potential route toward our goal is through the modification of single-particle physics. In ultracold atomic gases, an outstanding candidate to achieve this modification is the synthetic spin-orbit coupling (SOC) [22-32], with the form of SOC highly tunable according to a number of proposals [33-39]. Indeed, the significant change of single-particle dispersion by SOC has been shown to result in rich and exciting physics in few- and many-body systems [40]. In particular, it has been found that an isotropic SOC can support a dimer for arbitrarily weak interactions [39,41–43] and can induce a universal trimer in a wide parameter regime of interaction strength and mass ratio [44]. These states are in distinct contrast to the dimer and the Kartavtsev-Malykh trimer [45]

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in the absence of SOC. So far, however, no universal Borromean binding has yet been identified.

In this work, we report the discovery of universal Borromean bindings in ultracold Fermi-Fermi mixtures with Rashba SOC. The three-body system can be denoted as \tilde{a} - \tilde{a} -b, where \tilde{a} is a two-component fermion subject to Rashba SOC, with one of its components tuned close to a wide Feshbach resonance with the b atom [46]. The mechanism for the Borromean binding in this system is schematically shown in Fig. 1. Under Rashba SOC, the single-particle ground state of \tilde{a} possesses a U(1) degeneracy [see Fig. 1(a)]. With such a spectral symmetry, the two-body $(\tilde{a}-b)$ scattering within the lowest-energy subspace is blocked due to total momentum conservation [Fig. 1(b)], which effectively suppresses the dimer formation. In contrast, the three-body scattering can take full advantage of this U(1) degeneracy, where an initial state of \tilde{a} - \tilde{a} -b atoms at {k, -k, 0} can be scattered to a different state at $\{\mathbf{k}', -\mathbf{k}', 0\}$ with a conserved total momentum [Fig. 1(c)]. Here, k and k' both lie on the circle of the U(1) degenerate manifold of \tilde{a} . This enhanced low-energy scattering phase space strongly suggests that the trimer formation is much easier than the dimer formation, which, as we will show, would give rise to the Borromean binding. As the emergence of this Borromean binding is symmetry selective rather than interaction selective, its universality is naturally guaranteed: The binding energy only relies on the



FIG. 1. Illustration of the Borromean binding mechanism in the $\tilde{a} \cdot \tilde{a} \cdot b$ system. (a) Under Rashba SOC, the single-particle ground state of \tilde{a} has a U(1) degeneracy in the (k_x, k_y) plane with radius $k_{\perp} = \lambda$. (b) The two-body $\tilde{a} \cdot b$ system cannot scatter within the lowest-energy subspace due to the conservation of total momentum. (c) In contrast, the scattering of the three-body $\tilde{a} \cdot \tilde{a} \cdot b$ system is allowed within the lowest-energy subspace through virtual scattering to states like $\{\mathbf{k}', -\mathbf{k}, \mathbf{k} - \mathbf{k}'\}$ or $\{\mathbf{k}, -\mathbf{k}', \mathbf{k}' - \mathbf{k}\}$ (dashed green arrows). The dramatic enhancement of the low-energy scattering phase space in (c) gives rise to the Borromean binding.

s-wave scattering length and the SOC strength. We identify the existence of such bindings in a wide range of mass ratios between composing fermions, which are readily accessible by Li-Li, K-K, and K-Li mixtures in current cold-atom experiments. The robustness of this Borromean binding suggests the importance of the single-particle spectral symmetry in few-body physics, which has rarely been discussed before.

II. MODEL

The Hamiltonian of our system is written as

$$H = \sum_{\mathbf{k},\alpha=\uparrow,\downarrow} \frac{\mathbf{k}^2}{2m_a} a^{\dagger}_{\mathbf{k},\alpha} a_{\mathbf{k},\alpha} + \sum_{\mathbf{k}} \frac{\mathbf{k}^2}{2m_b} b^{\dagger}_{\mathbf{k}} b_{\mathbf{k}}$$
$$+ \frac{\lambda}{m_a} \sum_{\mathbf{k}} [(k_x - ik_y) a^{\dagger}_{\mathbf{k},\uparrow} a_{\mathbf{k},\downarrow} + \text{H.c.}]$$
$$+ \frac{U}{V} \sum_{\mathbf{k},\mathbf{k}',\mathbf{Q}} a^{\dagger}_{\mathbf{k},\uparrow} b^{\dagger}_{\mathbf{Q}-\mathbf{k}} b_{\mathbf{Q}-\mathbf{k}'} a_{\mathbf{k}',\uparrow}, \qquad (1)$$

where λ is the strength of the Rashba SOC between two spin species ($\alpha = \uparrow, \downarrow$) of the \tilde{a} atom; U is the bare interaction between a_{\uparrow} and b and is related to the *s*-wave scattering length a_s via $1/U = \mu/(2\pi a_s) - (1/V)\sum_k 1/(2\mu k^2)$, with V the quantization volume and $\mu = m_a m_b/(m_a + m_b)$ the reduced mass. As Feshbach resonances are state dependent and have a finite width, it is reasonable to assume negligible interactions in other twobody subsystems [46]. Note that we have taken $\hbar = 1$ for brevity.

Under SOC, the single-particle eigenstate of \tilde{a} in the helicity basis is created by $a_{\mathbf{k},\sigma}^{\dagger} = \sum_{\alpha} \gamma_{\mathbf{k},\sigma}^{\alpha} a_{\mathbf{k},\alpha}^{\dagger}$, where $\sigma = \pm, \gamma_{\mathbf{k},\pm}^{\uparrow} = \pm e^{\pm i\phi_{k}/2}/\sqrt{2}, \gamma_{\mathbf{k},\pm}^{\downarrow} = e^{\pm i\phi_{k}/2}/\sqrt{2}$, and $\phi_{k} = \arg(k_{x},k_{y})$. The corresponding eigenenergy is $\epsilon_{\mathbf{k},\sigma}^{a} = [(k_{\perp}+\sigma\lambda)^{2}+k_{z}^{2}]/(2m_{a})+E_{\mathrm{th}}$, with $k_{\perp} = \sqrt{k_{x}^{2}+k_{y}^{2}}$. The ground state has U(1) degeneracy in **k** space with $k_{\perp} = \lambda$ and a threshold energy $E_{\mathrm{th}} = -\lambda^{2}/(2m_{a})$. Given the single-particle spectrum $\epsilon_{\mathbf{k}}^{b} = \mathbf{k}^{2}/(2m_{b})$ for the *b* atom, the two-body \tilde{a} -*b* and the three-body \tilde{a} - \tilde{a} -*b* systems, respectively, have threshold energies E_{th} and $2E_{\mathrm{th}}$.

III. DIMER STATE

We start by addressing the dimer state of the \tilde{a} -b system. The dimer wave function with a center-of-mass momentum **Q** can be written as

$$|\Psi^{(2)}\rangle = \sum_{\mathbf{k},\sigma=\pm} \Psi^{(2)}(\mathbf{Q} - \mathbf{k}; \mathbf{k}\sigma) b^{\dagger}_{\mathbf{Q}-\mathbf{k}} a^{\dagger}_{\mathbf{k}\sigma} |0\rangle.$$
(2)

The coefficient $\Psi^{(2)}$ can be solved in a standard way based on the Lippmann-Schwinger equation [47]:

$$\Psi^{(2)}(\mathbf{Q}-\mathbf{k};\mathbf{k}\sigma) \propto \frac{\gamma_{\mathbf{k}\sigma}^{\uparrow *}}{E_2 + E_{\mathrm{th}} - \epsilon_{\mathbf{Q}-\mathbf{k}}^b - \epsilon_{\mathbf{k},\sigma}^a}, \quad (3)$$

where E_2 is the two-body binding energy determined by

$$\frac{1}{U} = \frac{1}{V} \sum_{\mathbf{k},\sigma} \frac{|\boldsymbol{\gamma}_{\mathbf{k}\sigma}^{\uparrow}|^2}{E_2 + E_{\mathrm{th}} - \epsilon_{\mathbf{Q}-\mathbf{k}}^b - \epsilon_{\mathbf{k},\sigma}^a}.$$
 (4)

Among all **Q** sectors, the lowest bound state ($E_2 < 0$) is found with **Q** = 0. Different from previous two-body solutions with Rashba SOC [41], to support a bound state here, the interaction strength $1/(\lambda a_s)$ must be greater than a finite critical value $1/(\lambda a_s)_c$, which can be solved analytically as a function of mass ratio $\eta = m_a/m_b$:

$$\frac{1}{(\lambda a_s)_c} = x \left(1 - \frac{x}{2} \ln \frac{1+x}{1-x} \right), \qquad x = \frac{1}{1+\eta}.$$
 (5)

The function of $1/(\lambda a_s)_c$ in terms of η is plotted in Fig. 2(a). As η is increased from 0, $1/(\lambda a_s)_c$ first increases from $-\infty$ to a positive maximum value around $\eta \sim 1$, then decreases and finally approaches 0^+ as $\eta \to \infty$. This behavior can be understood from the analysis of the two-body scattering energy $E_{\mathbf{k},\sigma}^{(2)} = \epsilon_{-\mathbf{k}}^b + \epsilon_{\mathbf{k},\sigma}^a - E_{th}$, whose low-energy property is crucial for the formation



FIG. 2. Dimer threshold and momentum distribution. (a) Critical interaction strength $1/(\lambda a_s)_c$ to support a bound state of an \tilde{a} -*b* system as a function of the mass ratio $\eta = m_a/m_b$. Dashed lines show the asymptotic fits $1 - 1/2 \ln(4/\eta)$ and $\eta^{-1/2}$, respectively, in the limits of $\eta \to 0$ and ∞ . The insets show the minimum of the two-body scattering energy E_{\min} [in units of $\lambda^2/(2m_a)$] and the density of states ρ (in units of $4\pi^2 m_a \lambda$) at E_{\min} . (b1),(b2) Probability distribution of a shallow dimer in the (k_x, k_y) plane $|\Psi^{(2)}(-\mathbf{k}; \mathbf{k}, -)|^2$ for two different mass ratios $\eta = 1$ and 40/6, respectively, at $1/(\lambda a_s) = 0.3, 0.35$.

of a shallow bound state. It is easy to see that the minimum of $E_{\mathbf{k},\sigma}^{(2)}$, denoted as E_{\min} , lies on a ring with radius $k_{\perp} = \lambda/(1+\eta)$ in the (k_x, k_y) plane. As η increases from 0 to ∞ , the radius evolves from λ to 0, indicating a dimensional crossover from effectively 2D to 3D. This effective dimensional crossover is also manifested in the density of states ρ at E_{\min} , which approaches 0 from a finite value as η increases [see the inset of Fig. 2(a)]. Consequently, the critical $1/(\lambda a_s)_c$ changes from $-\infty$ to 0, corresponding to an effective dimensional crossover from 2D to 3D without SOC.

An important feature in Fig. 2(a) is that the two-body threshold $1/(a_s)_c$ is pushed from resonance to positive values for a considerable range of mass ratio $\eta \in [0.44, \infty)$, indicating the suppression of dimer formation by Rashba SOC. The suppression of dimer is consistent with the schematic picture in Fig. 1(b). For an initial \tilde{a} -b state in the lowest-energy subspace ($|\mathbf{Q}| = \lambda$), it cannot be scattered into a different state among the U(1) degenerate ground states due to the conservation of total momentum. Given the blocked threshold scattering with $|\mathbf{Q}| = \lambda$, the groundstate dimer with $E_2 < 0$ is found to be at $\mathbf{Q} = 0$, where the U(1) symmetry is restored at the cost of higher threshold energy $(E_{\min} > 0)$. In Figs. 2(b1) and 2(b2), we plot the momentum distribution of such dimers for two different mass ratios $\eta = 1$ and 40/6, corresponding to the cases of Li-Li (or K-K) and K-Li mixtures. For both cases, the largest weight of the wave function lies on a ring with radius $k_{\perp} < \lambda$ and with $E_{\min} > 0$.

IV. BORROMEAN BINDING

We are now in position to examine the threebody problem. According to the analysis in Fig. 1(c), the ground-state trimer is expected to have zero center-ofmass momentum, for which the wave function can be written as

$$|\Psi^{(3)}\rangle = \sum_{\mathbf{k}\sigma} \sum_{\mathbf{q}\xi} \Psi^{(3)}(-\mathbf{k}-\mathbf{q};\mathbf{k}\sigma;\mathbf{q}\xi) b^{\dagger}_{-\mathbf{k}-\mathbf{q}} a^{\dagger}_{\mathbf{k}\sigma} a^{\dagger}_{\mathbf{q}\xi}|0\rangle.$$
(6)

Following similar procedures as in solving the two-body problem, we obtain the integral equations for the three-body bound-state solution [47]:

$$\frac{1}{U}F_{\sigma}(\mathbf{k}) = \frac{1}{V} \sum_{\mathbf{q}\xi} \frac{|\gamma_{\mathbf{q}\xi}^{\uparrow}|^2 F_{\sigma}(\mathbf{k}) - |\gamma_{\mathbf{k}\sigma}^{\uparrow}|^2 F_{\xi}(\mathbf{q})}{E_3 + 2E_{\mathrm{th}} - \epsilon_{-\mathbf{k}-\mathbf{q}}^b - \epsilon_{\mathbf{k},\sigma}^a - \epsilon_{\mathbf{q},\xi}^a}, \quad (7)$$

where $F_{\sigma}(\mathbf{k}) = U \sum_{\mathbf{q}\xi} \Psi^{(3)}(-\mathbf{k} - \mathbf{q}; \mathbf{k}\sigma; \mathbf{q}\xi) \gamma^{\uparrow}_{\mathbf{k}\sigma} \gamma^{\uparrow}_{\mathbf{q}\xi}$, and the trimer binding energy E_3 can be obtained by requiring a nonzero solution of $F_{\sigma}(\mathbf{k})$. Under Rashba SOC, the *F* function can be decoupled into sectors with different magnetic angular momenta:

$$F_{\sigma}(\mathbf{k}) = \sum_{m \ge 0} F_{\sigma}^{(m)}(k_{\perp}, k_z) \cos(m\phi_k + \theta_m), \qquad (8)$$

where θ_m is an arbitrary phase shift that turns out to be irrelevant to the final solution of E_3 . Note that due to Fermi statistics, the ground state is in the m = 1 sector. Given $F_{\sigma}(\mathbf{k})$, the wave function $\Psi^{(3)}$ can be obtained accordingly [47].

In Fig. 3, we plot the ground-state trimer energy E_3 for the ${}^{40}\text{K}(\tilde{a}){}^{40}\text{K}(\tilde{a}){}^{6}\text{Li}(b)$ case as a function of interaction strength $1/(\lambda a_s)$. As expected, when $1/(\lambda a_s)$ increases, the trimer is found to emerge well before the dimer, which leads to the occurrence of the Borromean binding. For the ${}^{40}\text{K}{}^{-40}\text{K}{}^{-6}\text{Li}$ system, the Borromean state is stable within the range of $1/(\lambda a_s) \in [0.2, 0.31)$, while the most tightly bound Borromean occurs at the phase boundary against the ordinary trimer, i.e., when the dimer starts to develop at $1/(\lambda a_s) = 0.31$. At this point, the Borromean binding energy can be as large as ~30% of the SOC energy $\lambda^2/(2m_a)$. The ordinary trimer finally merges into the atom-dimer threshold at a larger $1/(\lambda a_s) = 0.76$.

To gain further understanding of the binding mechanism, we plot in Fig. 4(a) the momentum distribution of the Borromean state at $1/(\lambda a_s) = 0.3$. In contrast to that of dimers shown in Figs. 2(b1) and 2(b2), here, most of the weight of the probability distribution $|\Psi^{(3)}(\mathbf{0}; \mathbf{k}, -; -\mathbf{k}, -)|^2$ spreads along the U(1) circle in the lowest-energy subspace for \tilde{a} atoms. Thus, scattering among these low-energy states contributes the most to the bound-state formation, consistent with the schematics in Fig. 1(c).



FIG. 3. Borromean binding of the ${}^{40}\text{K}(\tilde{a}){}^{-6}\text{Li}(b)$ system. The trimer binding energy E_3 (solid black line) and atomdimer threshold E_{AD} (dashed red line) are shown as functions of $1/(\lambda a_s)$. Energies are in units of the SOC energy $\lambda^2/(2m_a)$. The trimer with $E_3 < 0$ and dimer with $E_2 < 0$, respectively, emerge at $1/(\lambda a_s) = 0.2$ and 0.31. The inset shows ΔE_3 , the relative value of E_3 compared to the scattering threshold or the atomdimer threshold. The dotted vertical line marks the boundary between Borromean (*B*) and ordinary trimer (*T*) states.



FIG. 4. Momentum distribution and universality of the Borromean bound state. (a) Probability distribution $|\Psi^{(3)}(\mathbf{0}; \mathbf{k}, -; -\mathbf{k}, -)|^2$ for the Borromean binding at $1/(\lambda a_s) = 0.3$ and $\eta = 40/6$. The phase shift θ_m is chosen to be 0. (b) Borromean binding energy E_3 [in units of cutoff energy $\Lambda^2/(2m_a)$] as a function of λ/Λ for four different cutoffs Λ . Other parameters are the same as in (a).

An outstanding feature of the Borromean binding in the current system is its universality; i.e., the binding energy does not rely on the short-range interaction details. The universality can be shown by imposing different highmomentum cutoffs Λ for the argument of the F_{σ} function in Eq. (7): $(k_{\perp}^{c}, |k_{z}|^{c}) = (\sqrt{2\Lambda}, \Lambda)$. In Fig. 4(b), we plot E_{3} as a function of λ/Λ for the Borromean binding at $1/(\lambda a_s) = 0.3$. If the binding is universal, E_3 should be independent of the actual cutoff Λ , and all the points should fall onto a straight line in the $\{\lambda/\Lambda, \sqrt{E_3}/[\Lambda^2/(2m_a)]\}$ plane, which is exactly the case in Fig. 4(b). The only relevant length scales are then a_s and $1/\lambda$. The universality of the Borromean binding here distinguishes itself from those in the previous studies where the short-range (or high-energy) details of the interaction potential play essential roles.

Furthermore, we find that the Borromean binding in the current system is remarkably robust. As shown in the ground-state phase diagram for the $\tilde{a} \cdot \tilde{a} - b$ system in Fig. 5,



FIG. 5. Phase diagram for trimer states. The boundaries are shown in terms of $1/(\lambda a_s)$ and $\eta = m_a/m_b$. The lower and upper solid curves, respectively, show the threshold of Borromean (*B*) binding and the boundary at which the ordinary trimer (*T*) merges into the atom-dimer continuum (*AD*). The dashed blue curve is the dimer threshold [see Fig. 2(a)], which also marks the boundary between *B* and *T* for $\eta \ge 0.39$.

the Borromean binding can be stabilized over a wide range of mass ratios with $\eta \ge 0.39$, thus covering all Li-Li-Li, K-K-K, and K-K-Li systems. We have checked that the momentum distributions of these Borromean states for different η all exhibit similar structures, as shown in Fig. 4(a). Therefore, these Borromean states all share the same binding mechanism, which is closely related to the spectral symmetry in the low-energy manifold due to Rashba SOC (see Fig. 1). This mechanism also ensures the robustness of such a binding against changes in the spin dependence of the interaction. Our results are thus not limited to the spin-selective interaction considered in this work.

V. FINAL REMARK

The universal Borromean bindings demonstrated in our work are expected to have dramatic effects on the manybody system. With the Borromean binding energy on the same order of the SOC energy, a dilute gas with strong SOC is anticipated to be comprised of self-bound Borromean clusters that function as composite fermions. Moreover, as the emergence of such a binding is associated with the three-body scattering resonance, a scattering system near this resonance will exhibit strong three-body correlations that dominate over the two-body ones. These prominent three-body correlations would potentially lead to intriguing collective phenomena in both the attractive and the scattering branches of the underlying fermion system.

Finally, we remark that the mechanism of universal Borromean bindings established in this work can be generalized to a vast class of systems, where the singleparticle spectral symmetry is modified by intrinsic or external potentials. Our work thus paves the way for the study of systems where the single-particle physics, instead of interaction details, plays the dominant role in generating exotic few-body correlations, which should lead to new quantum phases in many-body systems.

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