Strong Light–Matter Interactions between Gap Plasmons and Two-Dimensional Excitons under Ambient Conditions in a Deterministic Way

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ABSTRACT: Strong exciton–plasmon interactions between layered two-dimensional (2D) semiconductors and gap plasmons show a great potential to implement cavity quantum electrodynamics under ambient conditions. However, achieving a robust plasmon–exciton coupling with nanocavities is still very challenging, because the layer area is usually small in the conventional approaches. Here, we report on a robust strong exciton–plasmon coupling between the gap mode of a bowtie and the excitons in MoS2 layers with gold-assisted mechanical exfoliation and nondestructive wet transfer techniques for a large-area layer. Due to the ultrasmall mode volume and strong in-plane field, the estimated effective exciton number contributing to the coupling is largely reduced. With a corrected exciton transition dipole moment, the exciton numbers are extracted as being 40 for the case of a single layer and 48 for eight layers. Our work paves the way to realize strong coupling with 2D materials with a small number of excitons at room temperature.

KEYWORDS: strong coupling, transition-metal dichalcogenides, exciton, gap plasmon, effective exciton number

INTRODUCTION

Atomically thin transition-metal dichalcogenides (TMDs) have been exploited widely for numerous optoelectronic and photonic applications, including single-photon emitters,1,2 transistors,3,4 photodetectors,5,6 and valleytronic devices.7,8 One of the intriguing properties is the large exciton binding energy,9,10 providing the opportunity to study the interaction of light and matter at room temperature when these TMDs are embedded in a microcavity.11,12 When the rate of coherent energy transfer between an excitonic transition and photons in a cavity is faster than their average dissipation rate, the system goes into a strong coupling regime, resulting in the formation of part-light and part-matter bosonic quasiparticles called microcavity polaritons.13,14 Polaritons in microcavities provide excellent platforms to realize Bose–Einstein condensation,15,16 low-threshold lasing,17,18 low-energy switching,19,20 and quantum information processing.21,22

In order to achieve strong coupling with excitons in TMDs, optical cavities such as Fabry–Pérot cavities and photonic crystal microcavities23,24 have been employed widely at cryogenic temperatures and under high vacuum.25,26 Even though a few of them have been used to demonstrate strong coupling at room temperature,13,27,28 the Rabi splittings are on the order of thermal energy $k_BT$ ($\sim$26 meV).29,30 Plasmonic nanocavities such as individual metallic nanoparticles31 or dimers32 can provide surface plasmon polaritons (SPPs) with light confined at the subwavelength scale, which is an alternative choice for realizing strong coupling under ambient...
conditions: for example, a coupled system with nanoparticle and layered TMDs.\textsuperscript{29,33–36}

The plasmonic nanocavities with mode volumes beyond the diffraction limit make it possible to demonstrate strong coupling with a small number of excitons, which has rich applications in the research of quantum many-body phenomena,\textsuperscript{37} a photon blockade with many emitters,\textsuperscript{38} cavity cooling,\textsuperscript{39} and so on. Recently, gap plasmon systems with ultimate field confinement have been used to realize strong coupling with single molecules\textsuperscript{40,41} and single quantum dots,\textsuperscript{42} indicating the potential for applications at the quantum optics level.\textsuperscript{43,47} For layered TMDs, particle-on-film systems with nanoparticles\textsuperscript{42} or single plasmonic structures such as nanorods,\textsuperscript{43} nanodisks,\textsuperscript{44} and nanocuboids\textsuperscript{45} have been used to demonstrate strong coupling. However, drop-casted nanoparticles intrinsically induce randomness, which cannot guarantee the robustness and the reproducibility in a deterministic way. The robustness is very important in particular for a strong coupled system with a small number of excitons.\textsuperscript{46,47} In addition, the resonant optical field in such cavities is typically polarized perpendicularly to the layer planes when it is embedded with two-dimensional semiconductors,\textsuperscript{48,49} which impedes an efficient coupling with the exciton dipole oriented almost in-plane. Therefore, the precise engineering orientations of exciton dipole and cavity modes is highly desirable for large coupling strength with a small number of excitons.

To demonstrate the strong coupling in plasmon–exciton (“plexciton”) with a small number of excitons, an estimation of the exciton number is crucial. So far, exciton number extractions by different methods have shown a very large discrepancy.\textsuperscript{33,35,36,43,48,49} Experimentally, the exciton number evolved in a strongly coupled system is related to the coupling strength, mode volume, and the exciton transition dipole moment of TMDs.\textsuperscript{35} The coupling strength can be measured, and the mode volume can be calculated with a good accuracy. It has been noted that the exciton transition dipole moment causes the main difference in previous work, which has been calculated with a traditional quantum well recombination model\textsuperscript{50} or extracted with absorption spectra.\textsuperscript{51} Here, we verify the two methods and correct the transition dipole moment values for the estimation of the exciton number.

In this work, we report on an observation of robust, strong plasmon–exciton coupling between gap plasmons confined within individual gold bowties and excitons in MoS\textsubscript{2} layers under ambient conditions by utilizing a gold-assisted mechanical exfoliation method and wet transfer techniques. Due to the strong in-plane electric field introduced by the bowtie resonator, vacuum Rabi splittings of up to 110 and 80 meV are obtained for the coupling systems with eight-layer and single-layer MoS\textsubscript{2}, respectively. The estimated effective exciton number \( N \) contributing to the coupling with the gap mode is reduced to \( N \approx 40 \) for the case of a single layer and \( N \approx 48 \) for the case of eight layers with a corrected dipole moment. The robust, strong plasmon–exciton coupling with a lower exciton number paves the way for future scalable integrated nanophotonic devices.

\section*{RESULTS AND DISCUSSION}

Figure 1a shows a schematic diagram of the plasmon–exciton coupling system with layered MoS\textsubscript{2} on top of a bowtie nanostructure. Here, the gold bowtie is employed as a plasmonic nanocavity for two reasons. First, it provides an ultraconfined gap plasmon mode with a mode volume of around \( 10^3 \) \text{nm}^3.\textsuperscript{13,21} More importantly, when the high-refractive-index MoS\textsubscript{2} layers are covered on the surface of a bowtie, the strongly confined in-plane electric component of

![Figure 1](https://doi.org/10.1021/acs.nanolett.1c03282)
the gap mode expands in the material (as shown Figure 1b), as calculated with the finite-difference time-domain method, indicating that the excitons above the gap will be strongly coupled to the gap mode. Normally in particle-on-film systems, the main electric field of the gap plasmon is dominated by an out-of-plane component ($E_z$) and strong coupling is achieved with the contribution of a large number of excitons. Our configuration is more suitable to enhance the coupling strength for the single-layer TMDs with a completely in-plane dipole orientation or a few layers with the in-plane dipole strength dominating. To further compress the exciton number contributing to the plasmon–exciton interaction, a localized electric field region comparable to the effective exciton area is required. The excitons in TMDs are delocalized quasi-particles formed in semiconductor band gaps and extending much larger than a single unit cell with an exciton coherence length of ~4 nm for single-layer MoS$_2$ (Section III of the Supporting Information). Figure 1c shows the distribution of the out-of-plane component $E_z$ of the gap mode. It can be seen that the electric fields between two tips have opposite phases but the intensities rapidly decay to zero inside the gap. Therefore, a gap distance slightly larger than the exciton coherence length should be able to couple the gap mode to a few excitons with a constructive interference. In our device, the bowtie nanocavity was designed with a gap distance of about 20 nm. The corresponding dark-field (DF) scattering spectrum (Figure 1e) shows a well-defined longitudinal gap mode at about 1.87 eV and a transverse mode at about 2.07 eV (Figure S7 in the Supporting Information). Clearly, the longitudinal gap mode overlaps with the emission peak of the A exciton of MoS$_2$ (Figure 1d), satisfying the requirement of spectral coincidence.

Furthermore, a stable and reproducible coupled system is important to achieve strong coupling especially at a few-exciton level, which has been an issue for systems based on colloidal quantum dots, molecules, and TMDs because of the randomness in exciton materials or plasmon nanocavities. Here, we have made two efforts to address this problem. First, a contamination-free, one-step, and universal gold-assisted mechanical exfoliation method has been used to obtain millimeter-size mono-/multilayer MoS$_2$ (see Section I of the Supporting Information for more details), on the basis of the covalent-like quasi bonding between the Au adhesion layer and the layered crystal. The quality of obtained MoS$_2$ layers is similar to that of the flakes prepared by traditional mechanical exfoliation, with clear Raman signals and photoluminescence from excitons (Figures S4 and S5 in the Supporting Information). This exfoliation method with high yield ratio and large-area layers is essential for the rest of the systematic studies. Second, to guarantee the stability of the coupled systems, a nondestructive wetting transfer method has been used to transfer thin layers to the prepared nanocavities, without damaging the fragile nanostructures during the transfer process (see Section I of the Supporting Information for more details). As a result, a splitting of about 106 meV is achieved in a coupled system with resonators combined with eight-layer MoS$_2$ (as shown in Figure 1f).

To verify that the coupled system is in the strong coupling regime, tuning the plasmon mode to cross the energy of an A exciton is required. In most cases, the tuning comes from randomly distributed nanoparticles with different sizes. Since the energy of a plasmon is sensitive to the particle size, this inevitably limits the reliability and repeatability of the system. Particularly for MoS$_2$, the splitting of spin–orbit...
coupling is close to the value of Rabi splitting, complicating the study of such a system because of the emission of the B exciton. Here, increasing the gap distances of bowtie resonators has been used to tune gap modes in a way more moderate than tuning sizes (Figures S10 and S11 in the Supporting Information).

Figure 2a shows a bright-field image of the bowties covered with a large area of MoS$_2$ layers. It can be seen that the whole area is flat without any wrinkles due to the above exfoliation and transfer techniques. The smallest gap distances of bowties are 20 ± 2 nm and increase by approximately 5 nm for each step from left to right (Figures S1 and S2 in the Supporting Information). The red dashed box indicates that there are five rows of bowties covered well by flakes, labeled with Roman numerals from I to V. Figure 2b shows the dark-field image of the first three rows. The clear and bright spots of hybrid nanostructures indicate that the TMD layers are combined well with the plasmonic resonators without extra wrinkles and bubbles.

The normalized scattering spectra from rows I–III (Figure 2c–e) and IV and V (Figure S15 in the Supporting Information) all show similar behaviors, indicating a good robustness. When the gap distance is around 20 nm, an obvious double-peaked splitting around the position of the A exciton is observed, representing the energy of the upper plexciton branches (UPBs) and lower plexciton branches (LPBs). It is worth noting that the transferred MoS$_2$ layers will change the dielectric environment of resonators and result in a slight red shift of the plasmon mode due to the dielectric screening effect. With an increase in gap distance, the longitudinal mode continuously blue shifts and eventually crosses the excitonic transition (see Section II of the Supporting Information for a discussion of energy tuning between an exciton and a plasmon). To extract the peak energies of UPBs and LPBs with the Lorentzian fitting method, we fix the resonance of the B exciton at about 2.0 eV according to the reflection spectrum in Figure 1d (see Figure S17 in the Supporting Information for fitting details). The red dashed curves in the scattering spectra trace the dispersion of plexciton branches, showing that the UPB is getting closer to the resonance of the B exciton as the gap increases but does not overlap with it, which means unambiguously here that the longitudinal plasmon mode only couples with the A exciton of MoS$_2$.

Similar splitting properties are also observed in the devices covered with a single layer. Figure 3a shows a bright-field image of the bowtie resonators with a large area of single-layer flake. The corresponding dark-field image is shown in Figure 3b, where the resonator parameters are the same as those above. Figure 3c,d shows the measured scattering spectra of lines I and II, respectively, with consistent spectral features (see Figure S16 in the Supporting Information for line III). It can be seen that a relatively small splitting is observed in comparison with that of eight layers. The splitting dependence on layer thickness has also been studied. As shown in Figure 3e, the magnitude of splitting in the spectra increases with the layer thickness with a gap distance of ~20 nm, implying an increase of coupling strength with the number of layers. Although strong coupling for all of the different layers has not been experimentally achieved, the splitting difference for different layers is obvious.

**Figure 3.** Exciton–plasmon coupling in different layers of MoS$_2$. (a) Bright-field image of single-layer MoS$_2$ on bowties. The parameters of bowties from left to right are the same as those in Figure 2. (b) The corresponding dark-field image in (a) (scale bar: 4 μm). (c, d) DF scattering spectra of lines I and II, respectively. The spectra from devices marked with circles in I and II are replaced from other devices with the same circles covered with a single layer. The dark dashed lines and gray dashed lines represent the absorption peak positions of A and B excitons, respectively. Red dashed curves (guide to the eye) trace the dispersion of plexciton branches. (e) Scattering spectra of different layers of MoS$_2$ on bowties with the same gap distance of about 20 nm.
The coupled system can be described by the simplified Jaynes–Cummings model (JC model) given by\textsuperscript{14,35,58} 

\[
g_{12}(\delta) = g_0 \left( \delta + \Delta \right) \pm \delta^2 \left( \frac{g_0^2}{4} + 1 \right) \left( \frac{1}{\delta^2} \right)
\]  

where \(\omega_{pl}\) and \(\omega_{ex}\) are the energies of plasmons and excitons, respectively, \(\delta = \omega_{pl} - \omega_{ex}\) is the detuning, and \(g_0\) represents the coupling strength. A fit to the UPB and LPB peak energies using the JC model is shown in Figure 4a,c. As we can see, the errors of peak energies between different group of spectra are very small, showing the high robustness and reproducibility of the coupled system. The JC model fits to the peak energies show a Rabi splitting (\(\Omega = 2g_0|\delta| = 0\)) of about 110 meV for eight-layer devices, which satisfies the criterion for strong coupling (\(\Omega > (\Gamma_{pl} + \Gamma_{ex})/2\)). However, the Rabi splitting for the single-layer device is approximately 80 meV, indicating that the system is in intermediate-coupling regime (\(\Omega > (\Gamma_{pl} - \Gamma_{ex})/2\)).\textsuperscript{59} Numerical calculations provide another piece of evidence for our observations. By modeling the excitonic dielectric permittivity of the MoS\(_2\) as a Lorentz oscillator, we calculated the scattering cross section of hybrid structures with changes in the gap distance from 20 to 50 nm (Figure 4b,d), showing an anticrossing of two normal modes.

On comparison with the calculated results, the intensity of UPBs in experiments always seems to be lower than that of LPBs, which could be due to the rapid attenuation of the gap mode with an increase in the gap and the non-negligible emission of uncoupled A excitons outside the nanocavity. The JC model fits and calculations also reveal the moderate anticrossing behavior of UPBs and LPBs in Figure 4a,c. Due to the small tuning range of the plasmon mode with increasing gap sizes and the strong coupling of excitons and plasmons optimized to near resonance, the energies of UPBs and LPBs move more slowly in comparison with that of the plasmon mode during the tuning process, making the data points looks horizontal and less curved. Additionally, the small number of excitons contributing to the coupling with the gap mode also accounts for the mismatch between JC model fits and plexciton branches because of the strong background signal. For example, the emission of massive uncoupled excitons near bowties in scattering spectra will affect the extraction of plexciton branches.

To evaluate the exciton number evolved in the strong coupling, we use 

\[
g_N = \sqrt{N} \mu |E_{vac}| = \sqrt{N} \mu |E_{vac}| K, \text{ where } N \text{ is the effective exciton number coherently contributing to the interaction with the cavity, } \mu \text{ is exciton transition dipole moment, } |E_{vac}| = \sqrt{\nu_0/2\varepsilon_0}\nu_0 V_m \text{ is the vacuum field amplitude, }\text{ and } K \text{ is unit vector, satisfying } |K| = 1. \text{ Because the exciton dipole strength in TMDs is highly anisotropic, and has an out-of-plane component in multiple layers, the coupling strength can be written as}
\]

\[
g_N = \sqrt{N} |E_{vac}| (\mu_{xy} + \mu_z) \cdot (K_{xy} + K_z)
\]  

where \(\mu_{xy}\) and \(\mu_z\) represent the in-plane and out-of-plane dipole moments, respectively, and \(K = K_{xy} + K_z\) with \(K_{xy}\) being parallel to the two-dimensional semiconductors plane and \(K_z\) being perpendicular to the plane. Therefore, the coupling strength can be expressed as a form of contribution in plane and out-of-plane dipole moments:

\[
g_N = \sqrt{N} |E_{vac}| (\mu_{xy} K_{xy} + \mu_z K_z), \text{ Here, we define the ratio of in-plane field as } \rho_{xy} = |K_{xy}|^2, \text{ which represents the ratio of an}
Figure 5. Effective exciton number of the coupled system. (a) Mode volume $V_m$ and ratio of in-plane field $\beta_y$ as a function of the number of MoS$_2$ layers with the same gap distance of about 20 nm. (b) Coupling strength $g_c$ as a function of the effective exciton number ($N$) for single-layer and eight-layer systems. The dashed blue lines show the in-plane ($\mu_{py}$) and out-of-plane ($\mu_z$) coupling strength components.

Table 1. Reported Effective Exciton Numbers in Different Plasmonic Cavities

<table>
<thead>
<tr>
<th>structure</th>
<th>material</th>
<th>$\Omega$ (meV)</th>
<th>$N (\mu_{py}^-)$ (D)</th>
<th>$N (\mu_{py}^+)$ (D)</th>
<th>$N (\mu_{z}^-)$ (D)</th>
</tr>
</thead>
<tbody>
<tr>
<td>single gold nanoprin on gold film (gap plasmon)</td>
<td>WS$_2$</td>
<td>76</td>
<td>2 (56)</td>
<td>111 (7.53)</td>
<td>198 (5.63)</td>
</tr>
<tr>
<td>single gold dimer (gap plasmon)</td>
<td>WS$_2$</td>
<td>115.2--128.6</td>
<td>4.67--7.69 (56)</td>
<td>258--425 (7.53)</td>
<td>462--761 (5.63)</td>
</tr>
<tr>
<td>single silver nanocube on silver film (gap plasmon)</td>
<td>WS$_2$</td>
<td>145</td>
<td>130 (56)</td>
<td>7190 (7.53)</td>
<td>12862 (5.63)</td>
</tr>
<tr>
<td>silver nanoparticle array</td>
<td>WS$_2$</td>
<td>52</td>
<td>3000 (50)</td>
<td>~132000 (7.53)</td>
<td>~236000 (5.63)</td>
</tr>
<tr>
<td>single silver nanorod</td>
<td>WSe$_2$</td>
<td>49.5</td>
<td>4100 (7.67)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>single gold nanorod</td>
<td>WS$_2$</td>
<td>106</td>
<td>~12</td>
<td>225 (7.53)</td>
<td>403 (5.63)</td>
</tr>
<tr>
<td>our work: single gold bowtie (gap plasmon)</td>
<td>MoS$_2$</td>
<td>80--110</td>
<td>38 (7.51)</td>
<td>40 (7.36)</td>
<td>48 (8 layer)</td>
</tr>
</tbody>
</table>

$a\mu_{py}$ is the transition dipole moment in the reference cited, $\mu_{py}$ is the corrected transition dipole moment with the quantum well model, and $\mu_{z}$ is calculated with absorption spectra.

The integral of in-plane field components to the total electric field and can be numerically calculated by

$$\beta_y = \int \frac{E_x^2 + E_y^2}{E_x^2 + E_y^2 + E_z^2} dV$$

where $V_s$ represents the volume of the excitonic material. Similarly, we can get the ratio of out-of-plane field $\beta_z$, with $\beta_z \approx 1$. Finally, the coupling strength can be written as

$$g_c = \sqrt{\frac{N\hbar\omega_{0}}{2eE_0 V_m}} (\mu_{py} \sqrt{\beta_y} + \mu_{z} \sqrt{\beta_z})$$

$\mu_{py}$ around the K point, giving

$$\mu = \frac{\hbar}{2E_0} \left[ \frac{E_y (E_y + \Delta)}{E_y + 2\Delta / 3} \left( \frac{1}{m_e} - \frac{1}{m_h} \right) \right]^{1/2}$$

where $E_0$ is the transition energy of the exciton, $E_y$ is the band gap, and $\Delta$ is the spin–orbit splitting in the valence band. The absorbance measurements consider the relationship between the 2D susceptibility of excitons with a 1s hydrogen-like wave function and absorption $A_{2D}^{\Omega}$ of the thin layer, giving

$$A_{2D}^{\Omega} = \frac{N\mu_{py}^2}{\hbar\omega_{0} \Gamma_{ex}}$$

where $\omega_{0}$ is the free space impedance, $a_0$ is the Bohr radius of an exciton, and $\omega_{ex}$ and $\Gamma_{ex}$ are the energy and line width of an exciton, respectively. Both methods give similar dipole moment values for TMD layers, such as 7.53 and 5.63 D for monolayer WS$_2$ and 7.51 and 3.6 D for monolayer MoS$_2$, respectively (see Section III of the Supporting Information for more details). It should be noted that our calculation result is much smaller than the value of 56 D reported in the literature, but the reduced Planck constant ($\hbar$) should have been used, as discussed in the Supporting Information. For the case of several layers, we determined the in-plane dipole moment using $\mu_{py} \propto \sqrt{abs}$, where $abs$ is spectrally integrated for the A excitonic transition. Using the value of a single layer, we obtain the in-plane dipole moment $\mu_{py} \approx 5.07$ D and out-of-plane dipole moment $\mu_{z} \approx 1.01$ D.

Figure 5b shows the calculated coupling strength $g_c$ as a function of the effective exciton number $N$ for a single layer and eight layers at resonance. We found that the effective exciton number is compressed down to $N \approx 40$ for the case of a single layer and $N \approx 48$ in multiple layers, indicating a small exciton number in such a coupling system with plasmon modes and excitons in two-dimensional semiconductors. Table 1 gives a comparison of the coupled systems with a small exciton number with those of some previous reports, in which the exciton numbers with corrected dipole moments are also included (see Section III of the Supporting Information for more details).
more details). The effective exciton numbers are much larger with a corrected dipole moment in comparison with those reported.\textsuperscript{35,36,48,49} The numbers involved in a single-nanorod structure\textsuperscript{43} are recalculated by the formula $g = \sqrt{N} \mu E_{\text{vac}}$ at zero tuning. The calculated exciton numbers are also much larger than those claimed. The small number of excitons in our experiment also explains the mismatch between JC model fitting and experimental results in Figure 4a,c due to the influence of emission of massive uncoupled excitons in layers around the bowtie. For multiple layers, the contribution to coupling strength is only 12% ($\sqrt{N} \mu E_{\text{vac}}$) of the in-plane component as shown in Figure 5b, indicating a selective coupling between the larger in-plane exciton dipole moment and the dominant in-plane field of the gap mode in our configuration as designed. Furthermore, the effective number in our system can be reduced more by further reducing the gap distance of the bowtie until it is comparable to the exciton coherence length (~4 nm). When the gap size is smaller than the exciton coherence length, the out-of-plane component of the gap mode located in the two tips of the bowtie will drive the exciton dipole with an opposite phase, as shown in Figure 1c, which prevents a further enhancement of coupling.

\section*{CONCLUSION}

In summary, we have demonstrated a strong plasmon–exciton coupling between individual bowtie resonators and MoS\textsubscript{2} layers, with the effective exciton number contributing to the coupling down to 40 in a single layer and 48 in a few layers. Such a small exciton number in the plexciton system gives an opportunity to study the interaction between cavity and many emitters and to potentially achieve a strong coupling between a single exciton and plasmon in two-dimensional materials with a small mode volume.\textsuperscript{64} Moreover, we have also demonstrated a universal method to obtain robust and reproducible plasmon–exciton interaction by utilizing a gold-assisted mechanical exfoliation method and wet transfer techniques, which paves the way to integrate the plexciton system into photonic devices and exploit novel quantum and nonlinear optical effects at room temperature.

\section*{ASSOCIATED CONTENT}

\section*{Supporting Information}

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.nanolett.1c03282. Sample fabrication and characterizations, simulation and optimization of the plasmon mode in nanocavities, calculation of effective exciton numbers, and extra data of DF scattering spectra of coupled structures with single-layer and eight-layer MoS\textsubscript{2} (PDF)

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